

LOCAL KUMITE COMPETITION Sat 4th February 2017 from 2pm.

We are planning to hold a local kumite (free fighting) competition with other local clubs in the area. The event will be a small scale one and will be open to everyone. Taking part in a competition at this level is a good stepping stone for anyone wanting to compete in the larger national competitions. Although the event is a fighting one, in our style it is very well controlled for safety & it is very rare that anyone is injured. The event will take place in the at our Handsworth venue. Entry cost is £10 & free for spectators.

IMPORTANT : Deadline date for entering this competition is JAN 21st.

Name _____

Your Senseis name _____

Age on the competition day _____ Male / Female _____

Grade _____ Height in cms _____ Fee enclosed _____

Cheques etc payable to Makenki Karate

Info :

Once we have all the entries in we will create categories for students of similar grade, height & age.

Safety armour (head & body guards) will be provided for younger competitors.

Fighting techniques should be performed with very light controlled contact.

Please bring your fighting mitts. Gum shields are not compulsory but are advisable (your sensei will advise)

Fights will be for 1.5 mins (not including stoppages)

In the event that there is no available category for a competitor, we will inform you before the competition & refund your fee.

In the event that we do not have enough entries from competitors to run any category, then you will have the option of a refund or we will provide a specific training session which will cover kumite & other techniques.

If you require any further info, please ask your Sensei or contact us below.

Competition venue :

Handsworth Grange Community Sports College, Beaver Hill Road, Sheffield S13 9QB

Postal applications to :

David Bolsover, 153 Retford Road, Sheffield S13 9LD.

email : dave@makarate.co.uk Tel : 07711 139948 / 0114 2014595